



SHINSHIVA AYURVEDASHRAM

Weight Loss Program – 14N

Embark on a transformative journey towards a healthier, more vibrant you with the Weight Loss Program at Shinshiva Ayurvedashram. Our program seamlessly blends ancient Ayurvedic wisdom with modern wellness practices to provide you with a personalized and sustainable approach to weight management. Discover the path to holistic well-being and achieve your weight loss goals with expert guidance and support. Excess weight not only impacts physical health but also takes a toll on mental and emotional well-being. At Shinshiva Ayurvedashram, our Weight Loss Program is designed to address the root causes of weight gain, providing a comprehensive solution for those seeking lasting results.

**** Please note - Rates are subject to adjustment based on prevailing market exchange rates at the time of invoicing**



+91-9686496930



info@bookmyveda.com



www.bookmyveda.com



SHINSHIVA AYURVEDASHRAM

Weight Loss Program – 14N

Weight Loss Program – 14N

Single – Euro 2066

Double – Euro 2888

Weight Loss Program – 28N

Single – Euro 4028

Double – Euro 5727

Package Inclusions:

- 🌿 One return transfer to Trivandrum airport/Railway station/ Bus stand.
- 🌿 Full Board meal as per doctor's prescription.
- 🌿 Daily consultation with doctor before treatment.
- 🌿 Ayurveda treatments.
- 🌿 Yoga class on daily basis except Sunday.
- 🌿 Post-treatment excursion for one (Trivandrum circuit) for packages more than 7 days.

**** Please note - Rates are subject to adjustment based on prevailing market exchange rates at the time of invoicing**



+91-9686496930



info@bookmyveda.com



www.bookmyveda.com